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COMMENT

What ails the current approach to Ayurveda



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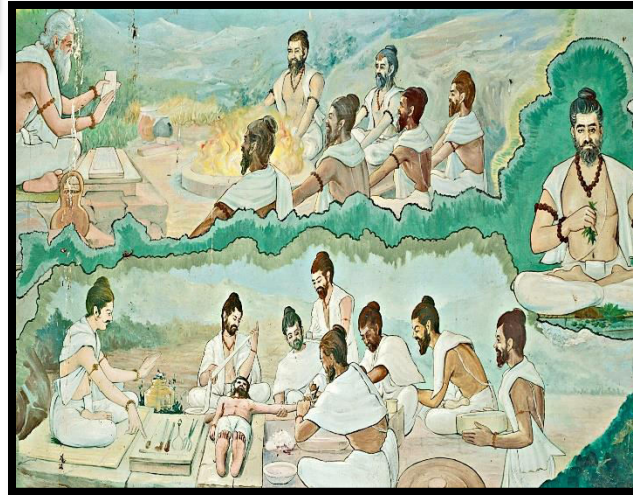
The Observation



Lord Dhanvantari

The Originator of

Ayurveda



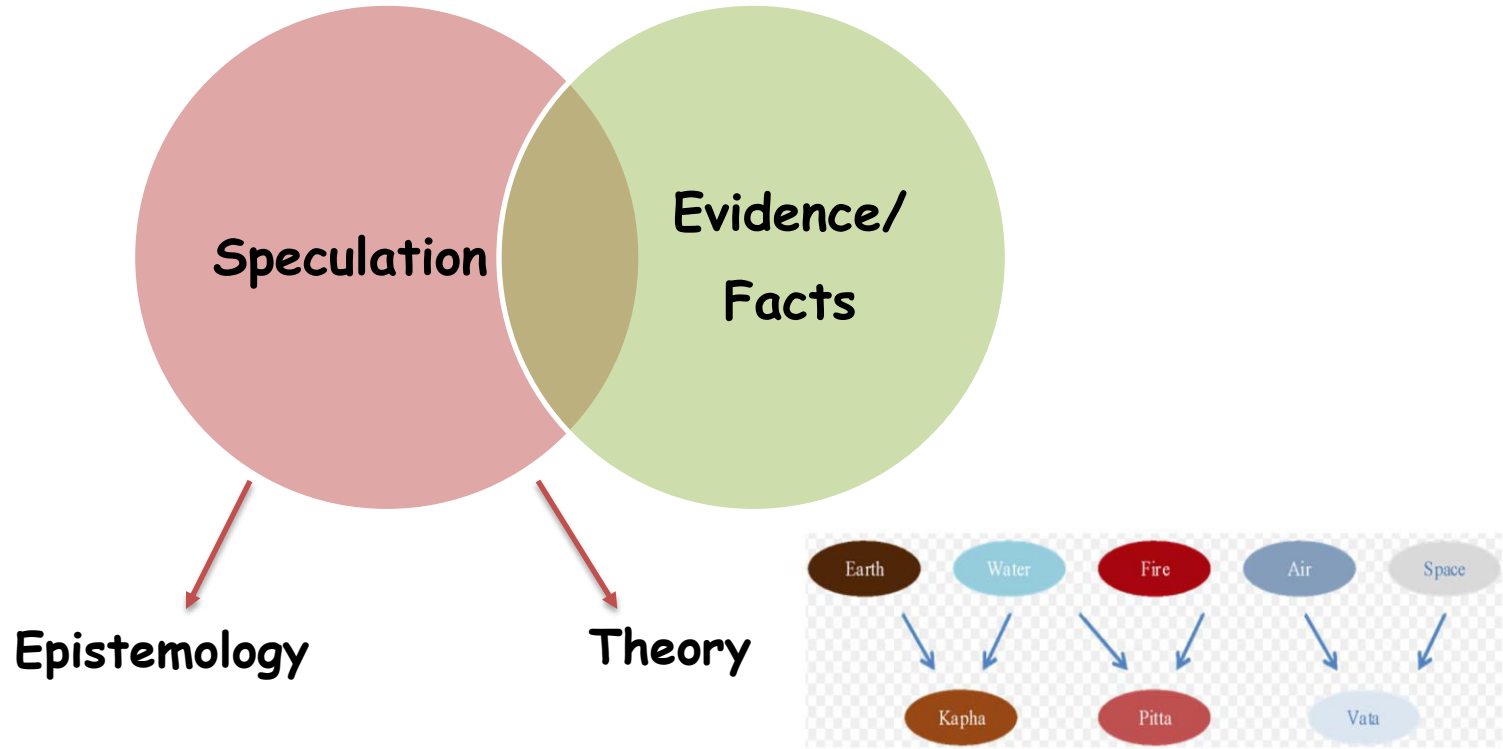
Ayurveda → Ayu + Veda
(time from birth to death) (knowledge or learning)

Ayurveda
Swasthavritam preventive measures and healthcare
Athurvritam curative measures

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Ayurveda v Allopathy



Ayurveda

SAMSKRITAM EVAM AYURVED ITIHIAS
(SUBJECT CODE-AyUG-SN & AI)
SANSKRIT AND HISTORY OF AYURVEDA

RACHANA SHARIRA
(SUBJECT CODE- AyUG-RS)
HUMAN ANATOMY

KRIYA SHARIRA
(SUBJECT CODE- AyUG-KS)
HUMAN PHYSIOLOGY

PADARTHA VIJNANAM
(SUBJECT CODE- AyUG-PV)
**FUNDAMENTAL PRINCIPLES OF AYURVEDA AND QUANTUM
MECHANICS**

SAMHITA ADHYAYAN-1
(SUBJECT CODE- AyUG-SA1)
STUDY OF AYURVEDA CLASSICAL TEXT

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Reform needed in Ayurveda

Usman Report on the Indigenous Systems of Medicine (Madras 1923)

by Muhammad Usman

P.S. Varier (1869 –1944) of the Arya Vaidya Sala Kottakkal had noted that the *Sareera sthana* must firstly be revised and made clearer and the remaining parts must be suited to it. He had also suggested that important works should be corrected. Necessary additions must be made either by translations or by collaboration with experts in portions still deficient.



REPORT
OF THE

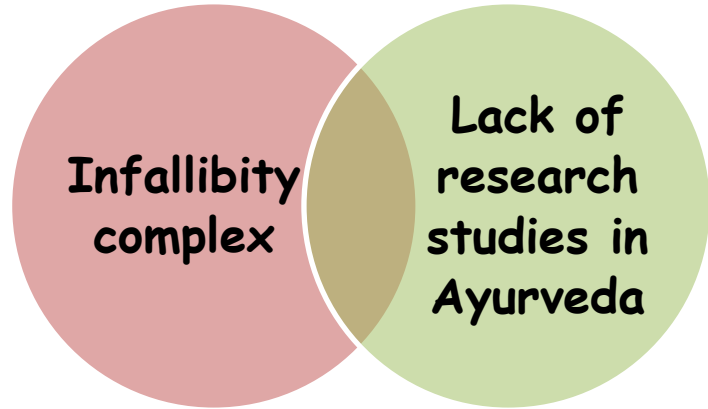
COMMITTEE ON INDIGENOUS SYSTEMS
OF MEDICINE

R.N. Chopra

VOL. I
REPORT AND RECOMMENDATIONS

PUBLISHED BY THE MINISTRY OF HEALTH
GOVERNMENT OF INDIA
1948

The problems



One needs to acknowledge the importance and indispensability of **mainstream medicine** especially in diagnosis of diseases, treatment during emergencies, structural problems, bacterial infections, providing instant relief etc.

Ayurveda must reform itself based on modern knowledge. Ayurveda is valuable immensely for its observations but its theories & speculations must reform with evidence & medical research.

Ultimately modern medicine & ayurveda must go hand in hand to rid humans of diseases.



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